Barbara Dallheimer, born in Bonn, studied German and educational sciences at the Rheinische Friedrich-Wilhelms-Universität Bonn. During her studies, she gained experience in the cultural sector as an assistant director at the Rhineland-Palatinate State Theatre and as an employee of the general directorate of the Theatre of the Federal City of Bonn. She moved to Berlin in 2001, where she worked for two years as an assistant for press and public relations at the Berliner Ensemble under the direction of Claus Peymann. From 2003 to 2015 she worked as a media officer at the Theater der Jugend in Vienna. She then took over the press and media relations department at the Beethovenfest Bonn until 2021 under the direction of Nike Wagner.

Since 2022, Barbara Dallheimer has been employed as a consultant for special tasks for the opera research project *FOKUS'33 – an exploratory journey towards the causes of disappearing and remeining at the Bonn Opera*. There, using selected composers and their works, she addresses the question of the extent to which 1933 influenced the repertoire formation of opera schedules.

Parallel to her work in Vienna, she completed further training as a communications manager at the German Press Academy in Berlin and further training as a social media manager at the Social Media Academy Mannheim.